



IPS (Indian Police Service)

- To get into the Indian Police Service (IPS), you need to clear the [Civil Services Exam \(CSE\)](#) conducted by the [Union Public Services Commission \(UPSC\)](#) with high marks.
- Civil Service Exam (CSE) is a common exam conducted by UPSC for the recruitment of candidates to various services like IAS, IPS, IFS, IRS etc.
- The services within the Civil Services Examination have been grouped into Technical and Non-Technical categories. Technical Services require special medical status in terms of vision, height, chest, chest expansion etc.
- Technical entry-Indian Railway Traffic Service (IRTS)
- Indian Police Service (IPS)

- Delhi Andaman and Nicobar Police Service (DANIPS)
- Pondicherry Police Service (PONDIPS)
- Railway Protection Force (RPF)
- They can also serve as Personal Secretaries to Ministers in Central Government.
- IPS officers lead and command the Central Armed Police Forces (CAPF) which include the Central Police Organisations (CPO) and Central Paramilitary Forces (CPF) such as Border Security Force (BSF), Central Reserve Police Force (CRPF), Indo-Tibetan Border Police (ITBP), National Security Guard (NSG), Central Industrial Security Force (CISF), Vigilance Organisations, Indian Federal Law Enforcement Agencies.
- Officers of the Indian Police Service also lead and command the Indian Intelligence Agencies like the Research and Analysis Wing (R&AW), Intelligence Bureau (IB), Central Bureau of Investigations (CBI), Criminal Investigation Department (CID) etc.

Training for Indian Police Service Officers

All the officers of the Indian Police Service undergo probationary training at Lal Bahadur Shastri National Academy of Administration, Mussoorie and Sardar Vallabhbhai Patel National Police Academy, Hyderabad. After successful completion of probation, officers are confirmed in the service.

How can you become an IPS officer?

Please find the 7-steps we recommend for aspirants to succeed in the UPSC Services Examination. Once you [join ClearIAS Online Classroom Program](#) (ClearIAS Classes) you will get detailed guidance and personal mentorship regarding all stages of UPSC preparation.

- Step 1: Join ClearIAS Online Classroom Program (ClearIAS Classes)
- Step 2: Prepare Notes based on ClearIAS Classes
- Step 3: Self-Study (Learn ClearIAS Notes, NCERT Textbooks and Standard Textbooks)
- Step 4: Take ClearIAS Prelims Online Mock Exams
- Step 5: Take ClearIAS Mains Mock Exams. Polish your answer writing skills
- Step 6: Learn the Optional Subject
- Step 7: Participate in ClearIAS Interview Program

IPS Height Requirement

Minimum Height Required for Male Candidates: 165 cm

Minimum Height Requirement for Female Candidates: 150 cm

However ST candidates have a relaxation of 5 cm, hence the requirement is only 160 centimetres for ST male candidates and 145 centimetres of ST female candidates. Relaxed minimum height is prescribed not only for candidates belonging to Scheduled Tribes but also for races such as Gorkhas, Garhwalis, Assamese, Kumaonis, and Nagaland Tribal etc. whose average height is distinctly lower.

IPS Chest Girth Requirement

Chest girth when fully expanded for male candidates: 84 cm

Chest girth when fully expanded for female candidates: 79 cm.

Candidates should also be able to expand chest size by 5 cm.

Indian Police Service Eyesight Requirement

Distant Vision: For the better eye, the corrected vision should be 6/6 or 6/9. For the worse eye, the corrected vision should be 6/12 or 6/9.

Near Vision: For the better eye, the corrected vision should be J1**. For the worse eye, the corrected vision should be J2**.

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1. **Indian Administrative Service (IAS)**
 2. Indian Foreign Service (IFS)
 3. Indian Audit & Accounts Service (IA&AS)
 4. Indian Revenue Service (IRS – Customs and Central Excise)
 5. Indian Civil Accounts Service (ICAS)
 6. Indian Railway Accounts Service (IRAS)
 7. Indian Railway Personnel Service (IRPS)
 8. Indian Defense Accounts Service (IDAS)
 9. Indian Revenue Service (IRS – Income Tax)
 10. Indian Ordinance Factories Services
 11. Indian Postal Service (IPoS)
 12. Indian Defense Estates Service (IDES)
 13. Indian Postal & Telegraph Accounts and Finance Service
 14. Indian Corporate Law Services (ICLS)
 15. Indian Information Service
 16. Indian Trade Service (IIS)
 17. DANICS
 18. PONDICS
 19. Armed Forces Headquarters (AFHQ) Civil Service
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